

Anxiety Prayer

Spike (anxiety spike)	Heart (what is my heart missing/ rejoicing in)	Turn (repent) (rejoice in the Lord)	Words (what is God like)
<i>Phone call</i>	<i>People's approval</i>	<i>God's approval</i>	<i>True, puts my name ...</i>
<i>Claustrophobia</i>	<i>Physical space, comfort</i>	<i>God's comfort</i>	<i>Giver of peace, Shepherd</i>

Thanksgiving

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